

Gracie Jiu Jitsu Clinton

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday
6:00 AM						6:00 AM	Master Cycle (Invitation Only)
7:00 AM						7:00 AM	Combatives (Ages 13+)
8:00 AM						8:00 AM	Jr Grapplers (Ages 8-13)
9:30 AM		Mat Munchkins (Ages 3-5)		Mat Munchkins (Ages 3-5)			
10:00 AM		Women Empowered (Ages 13+)	Combatives (Ages 13+)	Women Empowered (Ages 13+)			
11:00 AM		Little Champ (Ages 5-8)		Little Champ (Ages 5-8)			
12:00 PM		Jr Grapplers (Ages 8-13)		Jr Grapplers (Ages 8-13)			
4:30 PM	Little Champ (Ages 5-8)	Little Champ (Ages 5-8)	Little Champ (Ages 5-8)	Combatives (Ages 13+)	Combatives (Ages 13+)		
5:30 PM	Jr Grapplers (Ages 8-13)	Master Cycle (Invitation Only)	Jr Grapplers (Ages 8-13)	Reflex Development (Invitation Only)			
6:30 PM	Reflex Development (Invitation Only)	Jr Grapplers (Ages 8-13)	Master Cycle (Invitation Only)	Jr Grapplers (Ages 8-13)			
7:30 PM	Combatives (Ages 13+)	Black Belt Club (Invitation Only)	Combatives (Ages 13+)	Black Belt Club (Invitation Only)			
8:30 PM	Women Empowered (Ages 13+)		Women Empowered (Ages 13+)	Master Cycle (Invitation Only)			

Mat Munchkins (Ages 3-5)	
Little Champ (Ages 5-8)	
Jr Grapplers (Ages 8-13)	
Black Belt Club (Invitation Only)	

Combatives (Ages 13+)	
Reflex Development (Invitation Only)	
Master Cycle (Invitation Only)	
Women Empowered (Ages 13+)	